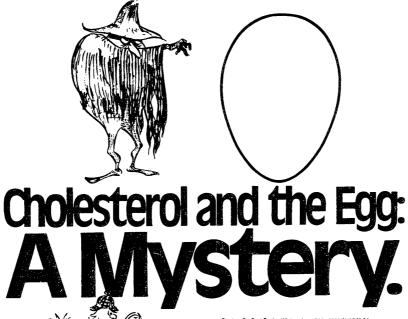
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e is absolutely no intilic evidence that peggs in any way ses the risk of hear! Yet the cholesterol persists The mystery hy in the face of ig evidence to the me people fear eggs it allack?

spent over the years in research and studies by physicians and nutritionists. There is absolutely no scientific evidence.

low these studies very closely declaves which of misses were declared with the Indians. What are the lacta's Eggs conian cholesterol—as do all loods of animal on onjim—but a langle ggs does not increase the blood cholesterol in a normal person. If you set about detherately to avoid all the cholesterol you could in your deat your body would still manufacture professional for in your deat your body would still manufacture professional because cholesterol.

The late Dr. Paul Dudley White, whom many considered to be America's leading heart specialist, stated, "The amount of cholesterol in the blood—we call it serum cholesterol—is not necessarily related to cholesterol found in lood."

Dr. Michael De Bakey, The world famous heart surgion in an ancile in The Journal of the American Medical Association, write. An analysis of cholesterol values by usual hospital laboratory methods in 1 700 patients with alteroscierotic disease reveated no definite correlation between serum cholesterol tevels and the nature and eatend of almeroscierotic disease. Eight out of ten patients had choles foot values between 300 mg/100 m, the ouper timis of normal for the procedure employed. Associated diseases such as diabetes mellitur and arteroscierotic heard cisease, age, and analymical location and estend of atheroscierotic disease did not significantly alter the distribution of cholesterol values."

There is absolutely no ecleratific evidence that setting eggs if any way increases the risk of heart diseases is what we've beer saying. We'd like to share the facts with you in the form of a new booklet we've prepared which is yours. Ifee, for the saxing. The book let will give you lests on cnotesterol, medical studies, nutritional in formation. We've even prepared who coupons for your use Fill in nor for yourself and one for someone else to whom you'd like is bookle sent—a trend relative, your physician, or your find's teacher

NATIONAL COMMISSION ON EGG NUTRITION

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